

As much as a third of your heating costs could be escaping through the roof without loft insulation. Loft insulation is a very effective way to reduce heating bills.

Simply by insulating your loft to the recommended depth of 270mm, you can save wasted energy and money. If you currently have no insulation you could save £80-£130 a year on your fuel bills.

Click [here](#) to find out if any grants are available.



You can even do it yourself! Remember to wear a facemask, goggles and protective clothing if you do it yourself and leave sufficient gaps around the eaves to avoid condensation. Contact your local DIY store or builders' merchants for details and special offers.